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Markus H. Schafer

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### **Positions**

- 2016- Associate Professor of Sociology, University of Toronto  
Faculty Member, Institute for Life Course & Aging, University of Toronto
- 2018- Associate Chair, Graduate Studies, Department of Sociology, University of Toronto
- 2011-16 Assistant Professor of Sociology, University of Toronto

### **Education**

- 2011 PhD in Sociology, Purdue University. Thesis titled “Does Health Divide? Social Networks and Emergent Social Boundaries in a Retirement Community.” (Co-supervisors Scott Feld and Kenneth F. Ferraro)
- 2007 M.S. in Sociology, Purdue University
- 2007 Graduate Certificate in Survey Research, Purdue University
- 2005 B.A. Psychology and Sociology, Grove City College, PA (Magna Cum Laude)

### **Research and teaching interest areas**

Aging and the Life Course, Medical Sociology, Physical and Mental Health, Social Psychology, Social Networks, Social Inequality, Sociology of Religion

### **Funding**

- 2019-2021 SSHRC Insight Grant (“*Distant Ties: Geographical Proximity and the Function of Older Adults’ Social Networks*”), Principal Investigator, \$39,714
- 2016-2019 SSHRC Insight Grant (“*Urban Environments and Older Adults’ Quality of Life*”), Principal Investigator, \$35,102
- 2015-2020 Ontario Early Researcher Award (“*Health and Social Networks among Older Adults*”), Principal Investigator, \$150,000
- 2015-2016 SSHRC Institutional Grant (“*Inequality, Networks, and Health: Integrating Various Levels of Contextual Disorder*”), Principal Investigator, \$4,000.

- 2014-2019 CIHR Operating Grant (“*Demands and Resources in Work and Family Life and their Implications for Stress and Health among Canadians: Waves 3 – 5 of the Canadian Work, Stress, and Health Study (CAN-WSH)*”), Co-Applicant (Scott Schieman, PI), \$856,180
- 2012-2014 SSRHC Insight Development Grant (“*Network Density, Independence, and Quality of Life among Older Adults*”), Principal Investigator, \$21,505
- 2012-2013 Connaught New Researcher Award (“*Pilot Project for Multi-Site Study of Social Relationships and Health in Ontario Retirement Communities*”), Principal Investigator, \$15,000
- 2010-2011 NSF Dissertation Improvement Grant (“*Social Networks and Health Status*”), Co-Principal Investigator, \$3,450
- 2009 Purdue Research Foundation Doctoral Dissertation Fellowship (“*Does Health Divide? Social Networks and Emergent Social Boundaries in a Retirement Community*”), Co-Principal Investigator, \$29,430

**Peer-reviewed journal articles**

- Wilkinson, Lindsay R., Markus H. Schafer, and Renae Wilkinson. 2019. “How Painful is a Recession? An Assessment of Two Future-Oriented Buffering Mechanisms.” *Social Science & Medicine*, forthcoming.
- Andersson, Matthew A., Lindsay R. Wilkinson, and Markus H. Schafer. 2019. “Does the Association between Age and Major Illness Vary by Healthcare System Quality?” *Research on Aging*, forthcoming.
- Schafer, Markus H., Jason Settles, and Laura Upenieks. 2019. “As Goes the City? Older Americans’ Home Upkeep in the Aftermath of the Great Recession.” *Social Problems*, forthcoming.
- Sun, Haosen and Markus H. Schafer. 2019. “Age Integration in Older Europeans’ Non-Kin Core Networks: Does Formal Social Participation Play a Role?” *European Journal of Ageing*, forthcoming.
- Schafer, Markus H. and Soyoung Kwon. 2019. “Religious Heterogamy and Partnership Quality in Later Life.” *Journal of Gerontology: Social Sciences*, forthcoming.
- Shippee, Tetyana P., Lindsay R. Wilkinson, Markus H. Schafer, and Nathan Shippee. 2019. “Long-Term Effects of Age Discrimination on Mental Health: The Role of Perceived Financial Strain.” *Journal of Gerontology: Social Sciences* 74:664-674.
- Silver, Michelle, Jason Settles, Markus H. Schafer, and Scott Schieman. 2019. “Getting the Hours you Want in the Pre-retirement Years: Work Hour Preferences and Mismatch among Older Canadian Workers.” *Work, Aging and Retirement* 5:175-188.

- Badawy, Philip, Markus H. Schafer, and Haosen Sun. 2019. "Relocation and Network Turnover in Later Life: How Distance Moved and Functional Health Are Linked to a Changing Social Convoy." *Research on Aging* 41:54-84.
- Schafer, Markus H. 2018. "Who Talks Religion and what are the Consequences for Social Ties? Unpacking a Sensitive Discussion Topic in Close Networks." *Sociology of Religion* 79:395-424.
- Settels, Jason and Markus H. Schafer. 2018. "Workforce Transitions and Social Connectedness among Older U.S. Adults." *Work, Aging and Retirement* 34:274-288.
- Schafer, Markus H., Laura Upenieks, and Andie MacNeil. 2018. "Disorderly Households, Self-Presentation, and Mortality: Evidence from a National Study of Older Adults." *Research on Aging* 40:762-790.
- Upenieks, Laura, Jason Settels and Markus H. Schafer. 2018. "For Everything a Season? A Month-by-Month Analysis of Social Network Resources in Later Life." *Social Science Research*, 69:111-125.
- Schafer, Markus H. 2018. "(Where) is Functional Decline Isolating? Disordered Environments and the Onset of Disability." *Journal of Health and Social Behavior* 59:38-55.
- Schafer, Markus H., Laura Upenieks, and James Iveniuk. 2018. "Putting Sex into Context in Later Life: Environmental Disorder and Sexual Interest among Partnered Seniors." *The Gerontologist* 58:181-190.
- Kwon, Soyoung and Markus H. Schafer. 2017. "Obesity and Sexuality among Older Couples: Evidence from the National Social Life Health and Aging Project (NSHAP)." *Journal of Aging and Health* 29:735-768.
- Ferraro, Kenneth F. and Markus H. Schafer. 2017. "Visions of the Life Course: Risk, Resources, and Vulnerability." *Research in Human Development* 14:88-93.
- Schafer, Markus H. and Laura Upenieks. 2016. "Trans-Congregational Triadic Closure: Churchgoers' Networks within and beyond the Pews." *Journal for the Scientific Study of Religion* 55:597-621.
- Schafer, Markus H. and Nicholas Vargas. 2016. "The Dynamics of Social Support Inequality: Maintenance Gaps by Socioeconomic Status and Race?" *Social Forces* 94:1795-1822.
- Upenieks, Laura, Markus H. Schafer, and James Iveniuk. 2016. "Does Disorder Get 'Into the Head' and 'Under the Skin'? Layered Contexts and Bi-Directional Associations." *Health and Place* 39:131-141.
- Kwon, Soyoung and Markus H. Schafer. 2016. "Improving but Unequal: Temporal Trends in Chinese Self-Rated Health, 1990-2012." *Social Science & Medicine – Population Health* 2:77-83.
- Schafer, Markus H. and Laura Upenieks. 2016. "The Age-Graded Nature of Advice: Distributional Patterns and Implications for Life Meaning." *Social Psychology Quarterly* 79:22-43.

Ferraro, Kenneth F., Markus H. Schafer, and Lindsay R. Wilkinson. 2016. "Childhood Disadvantage and Health Problems in Middle and Later Life: Early Imprints on Physical Health?" *American Sociological Review* 81:85-106.

Schafer, Markus H. 2016. "Health as Status? Network Relations and Social Structure in an American Retirement Community." *Ageing & Society* 36:79-105.

South, Susan C., Markus H. Schafer, and Kenneth F. Ferraro. 2015. "Genetic and Environmental Overlap between Childhood Maltreatment and Adult Physical Health." *Twin Research and Human Genetics* 18:533-544.

Schafer, Markus H. and Jonathan Koltai. 2015. "Cancer Diagnosis and Mental Health among Older White Adults: Moderating Role for Social Networks?" *Society and Mental Health* 5:182-202.

Schafer, Markus H. and Jonathan Koltai. 2015. "Does Embeddedness Protect? Personal Network Density and Vulnerability to Mistreatment among Older American Adults." *Journal of Gerontology: Social Sciences* 70:597-606.

Schafer, Markus H. 2015. "Religiously Traditional, Unusually Supportive? Examining who Gives, Helps, and Advises in Americans' Close Networks." *Social Currents* 2:81-104.

Schafer, Markus H. 2015. "On the Locality of Asymmetric Close Relations: Spatial Proximity and Health Differences in a Senior Community." *Journal of Gerontology: Social Sciences* 70:100-110.

Schafer, Markus H. and Laura Upenieks. 2015. "Environmental Disorder and Functional Decline among Older Adults: A Layered Context Approach." *Social Science & Medicine* 124:152-161.

Schafer, Markus H., Patricia Morton, and Kenneth F. Ferraro. 2014. "Child Maltreatment and Adult Health in a National Sample: Heterogeneous Relational Contexts, Divergent Effects?" *Child Abuse & Neglect* 38:395-406.

Schafer, Markus H. 2014. "Childhood Misfortune, Ultimate Redemption? A Stress Process-Life Course Analysis of Adult Born-Again Experiences." *Sociology of Religion* 75:25-56.

Schafer, Markus H. 2014. "Schema via Structure? Personal Network Density and Moral Evaluations of Infidelity." *Sociological Forum* 29:120-136.

Schafer, Markus H., Sarah A Mustillo, and Kenneth F. Ferraro. 2013. "Age and the Tenses of Life Satisfaction." *Journal of Gerontology: Social Sciences* 68:571-579.

Schafer, Markus H. 2013. "Discussion Networks, Physician Visits, and Non-Conventional Medicine: Probing the Relational Correlates of Health Care Utilization." *Social Science & Medicine* 87:176-184.

Schafer, Markus H. 2013. "Structural Advantages of Good Health in Old Age: Investigating the Health-Begets-Position Hypothesis with a Full Social Network." *Research on Aging* 35:348-370.

Schafer, Markus H. 2013. "Close Ties, Intercessory Prayer, and Optimism among American

Adults: Locating God in the Social Support Network.” *Journal for the Scientific Study of Religion* 52:35-56.

Vargas, Nicholas and Markus H. Schafer. 2013. “Diversity in Action: Interpersonal Networks and the Distribution of Advice.” *Social Science Research* 42:46-58.

Schafer, Markus H. and Kenneth F. Ferraro. 2013. “Childhood Misfortune and Adult Health: Enduring and Cascadic Effects on Somatic and Psychological Symptoms?” *Journal of Aging and Health* 25:3-28.

Schieman, Scott, Markus H. Schafer, and Mitchell McIvor. 2013. “The Rewards of Authority in the Workplace: Do Gender and Age Matter?” *Sociological Perspectives* 55:75-96.

Schafer, Markus H., Lindsay R. Wilkinson, and Kenneth F. Ferraro. 2013. “Childhood (Mis)fortune, Educational Attainment, and Adult Health: Contingent Benefits of a College Degree?” *Social Forces* 91:1007-1034.

Schafer, Markus H. and Soyoung Kwon. 2012. “Cohorts and Emerging Health Disparities: Biomorphic Trajectories in China, 1989-2006.” *Journal of Health and Social Behavior* 53:517-534.

Kwon, Soyoung and Markus H. Schafer. 2012. “How Did Work Attitudes Change in Reform-Era China? Age, Period, and Cohort Effects on Work Centrality.” *Sociological Perspectives* 55:557-581.

Morton, Patricia, Markus H. Schafer, and Kenneth F. Ferraro. 2012. “Does Childhood Misfortune Increase Cancer Risk in Adulthood?” *Journal of Aging and Health* 24:948-984.

Schafer, Markus H. and Kenneth F. Ferraro. 2012. “Childhood Misfortune as a Threat to Successful Aging: Avoiding Disease.” *The Gerontologist* 52:111-120.

Shippee, Tetyana P., Markus H. Schafer, and Kenneth F. Ferraro. 2012. “Beyond the Barriers: Racial Discrimination and the Use of Complementary and Alternative Medicine among Black Americans.” *Social Science & Medicine* 74:1155-1162.

Mustillo, Sarah A., Kimber Hendrix, and Markus H. Schafer. 2012. “Trajectories of Body Mass and Self-Concept in Black and White Girls: The Lingering Effects of Stigma.” *Journal of Health and Social Behavior* 53:2-16.

Schafer, Markus H., Kenneth F. Ferraro, and Sarah A. Mustillo. 2011. “Children of Misfortune: Early Adversity and Cumulative Inequality in Perceived Life Trajectories.” *American Journal of Sociology* 116: 1053-1091.

Schafer, Markus H. and Kenneth F. Ferraro. 2011. “Fundamental and Variably Proximate Causes: Education, Obesity, and Health.” *Social Science & Medicine* 73:1340-1348.

Schafer, Markus H. 2011. “Health and Network Centrality in a Continuing Care Retirement Community.” *Journal of Gerontology: Social Sciences*. 66:795-803.

Schafer, Markus H. and Kenneth F. Ferraro. 2011. “The Stigma of Obesity: Does Weight Discrimination Affect Identity and Physical Health?” *Social Psychology Quarterly* 74: 76-97.

Schafer, Markus H., Kenneth F. Ferraro, and Sharon R. Williams. 2011. "Low Socioeconomic Status and Body Mass Index as Risk Factors for Inflammation in Older Adults: Conjoint Influence on C-Reactive Protein?" *Journal of Gerontology: Medical Sciences* 66A:667-673.

Schafer, Markus H. 2011. "Ambiguity, Religion, and Relational Context: Competing Influences on Moral Attitudes?" *Sociological Perspectives* 53: 59-81.

Schafer, Markus H. and Tetyana P. Shippee. 2010. "Age Identity, Gender, and Perceptions of Decline: Does Feeling Older Lead to Pessimistic Dispositions about Cognitive Aging?" *Journal of Gerontology: Social Sciences* 65B: 91-96.

Schafer, Markus H. and Tetyana P. Shippee. 2010. "Age Identity in Context: Stress and the Subjective Side of Aging." *Social Psychology Quarterly* 73: 245-264.

Schafer, Markus H. 2009. "Parental Death and Subjective Age: Indelible Imprints from Early in the Life Course?" *Sociological Inquiry* 79:75-97.

Schafer, Markus H., Tetyana P. Shippee, and Kenneth F. Ferraro. 2009. "When Does Disadvantage Not Accumulate? Towards a Sociological Conceptualization of Resilience." *Swiss Journal of Sociology* (special issue) 35:231-251.

Shippee, Tetyana P., Markus H. Schafer, and Karis Pallone. 2008. "Building the 'Bridge': Expanding Gerontology Education by Connecting the University with a Local Retirement Community." *Gerontology and Geriatrics Education* 28:57-70.

Schafer, Markus H. and Kenneth F. Ferraro. 2007. "Long-Term Obesity and the Risk of Avoidable Hospitalization among Young-, Middle-, and Older-Age Adults." *Archives of Internal Medicine* 167:2220-2225.

Schafer, Markus H. and Kenneth F. Ferraro. 2007. "Obesity and Hospitalization over the Adult Life Course: Does Duration of Exposure Increase Use?" *Journal of Health and Social Behavior* 48:434-449.

### **Other publications**

Schafer, Markus H. 2018. "Gendered Life Course Transitions: The Case of Driving Cessation and Social Networks." Pp. 245-262 in *Social Networks and the Life Course* (edited by Duane F. Alwin, Diane H. Felmler, and Derek A. Kreager). New York: Springer Publishing.

Cornwell, Benjamin and Markus H. Schafer. 2015. "Social Networks in Later Life." Pp. 181-205 in *Handbook of Aging and the Social Sciences, 8<sup>th</sup> Edition*. (edited by Linda George and Kenneth F. Ferraro). Oxford, UK: Elsevier.

Schafer, Markus H. 2015. "Social Contagion and Mental Health." Pp. 171-174 in *Encyclopedia of Mental Health, Second Edition* (edited by Howard Friedman). Oxford, UK: Elsevier.

Schieman, Scott, Markus Schafer, and Mitchel McIvor. 2013. "When Leaning in Doesn't Pay Off." *New York Times*, August 11, pg. SR12.

Ferraro, Kenneth F., Tetyana Pylypiv Shippee, and Markus H. Schafer. 2009. "Cumulative

Inequality Theory for Research on Aging and the Life Course." Pp. 413-433 in *Handbook of Theories of Aging, Second Edition* (edited by Vern L. Bengtson, Daphna Gans, Norella M. Putney, and Merrill Silverstein). New York: Springer Publishing.

Schafer, Markus H. and Kenneth F. Ferraro. 2009. "Data Sources for Studying Aging." Pp. 19-36 in *International Handbook of Population Aging* (edited by Peter Uhlenberg). Dordrecht, The Netherlands: Springer.

Ferraro, Kenneth F. and Markus H. Schafer. 2008. "Gerontology's Greatest Hits." *Journal of Gerontology: Social Sciences* 63B:S3-S6.

### **Presentations**

2019. "Looking Homeword with the Life Course: Early Origins of Adult Dwelling Satisfaction"? Paper presentation at the American Sociological Association annual meeting, New York. (with Matthew Andersson).

2019 "Workforce Transitions and Social Network Change among Older Europeans: Variation by Socioeconomic Status?" Presentation at Employment Transitions, Aging & inequality MiniConference, Southern Sociological Society, Atlanta. (with Hoasen Sun and Jason Settels)

2019. "Linked lives: Exploring Aging and Well-being through a Social Networks Perspective." Invited talk at Grove City College, Grove City, PA.

2019. "How Painful is a Recession? An Assessment of Two Future-Oriented Buffering Mechanisms." Paper presentation at Population Association of America annual meeting, Austin. (with Lindsay Wilkinson and Renae Wikinson)

2018. Discussant: "Effect of Childhood Adversity on Psychological and Biological Markers of Stress in Middle and Later Life" at the Gerontological Society of America annual meeting, Boston.

2018. "Disablement and Ties with Adult Children: Longitudinal Evidence from the National Social Life, Health, and Aging Project." Paper presentation at the Gerontological Society of America annual meeting, Boston. (with Laura Upenieks)

2018. "As Goes the City? Older Americans' Home Upkeep in the Aftermath of the Great Recession." Paper presentation at the American Sociological Association annual meeting, Philadelphia. (with Jason Settels and Laura Upenieks).

2018. "Late-life Relocation and Network Turnover." Presentation at the American Sociological Association annual meeting, Philadelphia. (with Philip Badawy)

2018. "Residentializing Social Comparisons and Subjective Well-Being: The Role of Relative Housing Quality and Neighborhood Social Integration." Paper presentation at the Sixteenth International conference on Social Stress Research, Athens, Greece.

2018. "How do social networks change amidst health decline? Residential context and cars in the disablement process." Invited talk at Pepper Institute on Aging and Public Policy, Florida State University.

2018. “Staying Connected During Disablement: Social Networks, Homes, and Cars in Later Life.” Invited talk at Outstanding Sociology Opportunity speaker series, Baylor University.

2017. “How Do Social Networks Change amidst Functional Health Decline? Residential Context and Cars in the Disablement Process.” Invited talk at Human Development colloquium series, Cornell University.

2017. “City Livability and the Well-Being of Older Americans.” Paper presentation at International Association of Gerontology World Congress, San Francisco. (with Jason Settels)

2017. “Age and Job Satisfaction within a Canadian Context” Paper presentation at International Association of Gerontology World Congress, San Francisco. (with Michelle Silver and Jason Settels)

2017. “Tactile Inequality: Neighbourhood SES and the Frequency of Caring Touch in Later Life” Paper presentation at International Association of Gerontology World Congress, San Francisco. (with Laura Upenieks)

2017. “Who Talks Religion and What are the Consequences for Social Ties? Unpacking a Sensitive Discussion Topic in Close Networks.” Invited talk at University of Western Ontario Department of Sociology colloquium series.

2017. “The Role of Health in Late Life Social Inclusion and Exclusion.” Invited panel presentation at the American Sociological Association annual meeting, Montreal.

2017. “Religious Attendance Heterogamy and Partnership Quality in Later Life.” Paper presentation at the American Sociological Association annual meeting, Montreal. (with Soyoung Kwon)

2017. “The Propagation of Environmental Disorder in Later Life.” Invited talk at Institute for Life Course & Aging, Noon-Hour Seminar Series, University of Toronto.

2017. “The Propagation of Disorder in Later Life: Neighborhood, Home, Body.” Invited talk at Cornell Population Center, Cornell University.

2016. “Environmental Disorder and Sexual Activity in Later Life: The Role of Neighborhoods and Households.” Paper presentation at the Gerontological Society of America annual meeting, New Orleans. (with Laura Upenieks)

2016. “Disordered Environments and the Disablement Process: Implications for Social Connectedness.” Paper presentation at the Gerontological Society of America annual meeting, New Orleans.

2016. “Using the NSHAP to study Health, Networks, and the Physical Environment.” Invited keynote talk at National Social Life, Health, and Aging (NSHAP) Data Users Conference, NORC, University of Chicago.

2015. “Long-Term Effects of Age Discrimination on Mental Health: The Role of Perceived Strain.” Paper presentation at the Gerontological Society of America annual meeting, Orlando, FL. (with Tetyana Shippee, Lindsay Wilkinson, and Nathan Shippee)

2015. “Advice as Age-Graded Social Exchange: Distributional Patterns and Implications for Life Meaning.” Paper presentation at the Gerontological Society of America annual meeting, Orlando, FL. (with Laura Upenieks)
2015. “Does Disorder Get “Into the Head” or “Under the Skin”? Layered Contexts and Bi-Directional Associations.” Paper presentation at the American Sociological Association annual meeting, Chicago. (with Laura Upenieks)
2015. “Workforce Transitions and Changes in Social Connectedness among Older Adults.” Paper presentation at the Canadian Sociological Association Congress, University of Ottawa. (with Jason Settels)
2015. “Aging, Neighborhood Disorder, and Mental Health: The Mediating and Moderating Role of Neighborhood Cohesion.” Paper presentation at the Canadian Sociological Association Congress, University of Ottawa. (with Laura Upenieks)
2015. “Seasonal Variation in Social Network Resources among Older Adults.” Invited presentation at Together through Time—Social Networks and the Life Course Conference, Penn State University. (with Jason Settels and Laura Upenieks)
2014. “Does Embeddedness Protect? Personal Network Density and Vulnerability to Mistreatment among Older American Adults” Paper presentation at the Gerontological Society of America annual meeting, Washington D.C. (with Jon Koltai)
2014. “Religious Traditionalists and Social Support in Americans’ Close Networks.” Paper presentation at the American Sociological Association annual meeting, San Francisco.
2014. “Social Isolation and Effects on Health.” Invited talk at Society of Sharing: Inner-City Volunteers, Annual General Meeting, Toronto.
2014. “Social Networks and Aging: Integrating Structural Perspectives to Understand Well-being in Later Life.” Invited talk at Institute for Life Course & Aging, Noon-Hour Seminar Series, University of Toronto.
2014. “Early Socio-Structural Disadvantages and Late-Life Outcomes: Sociological Perspectives.” Invited talk at Early Indicators of Late Life Development: A Multidisciplinary Update, University of Heidelberg, Germany.
2013. “Early Life Events and Religious Turning Points: Life Course and Stress Process Perspectives.” Paper presentation at the American Sociological Association annual meeting, New York.
2013. “Discussion Networks, Physician Visits, and Non-Conventional Medicine Use among Older Adults.” Paper presentation at International Association of Gerontology World Congress, Seoul.
2012. “Child Maltreatment and Adult Health: Do Favorable Recollections of the Offending Parent Soften the Blow?” Paper presentation at the Gerontological Society of America annual meeting, San Diego. (with Patricia Morton and Kenneth F. Ferraro)

2012. "Schema in Structure? Personal Network Configuration and Moral Evaluations of Infidelity." Paper presentation at the American Sociological Association annual meeting, Denver.
2011. "Childhood Conditions, Educational Attainment, and Adult Health: Who Benefits the Most from College?" Paper presentation at Gerontological Society of America annual meeting, Boston. (with Lindsay Wilkinson and Kenneth F. Ferraro)
2011. "Health as Status? Social Interaction and Inequality in and Older Adult Community." Paper presentation at the INSNA Sunbelt Conference annual meeting, St. Petersburg, FL.
2010. "Ambiguity, Religion, and Relational Context: Competing Influences on Moral Attitudes?" Paper presentation at the American Sociological Association annual meeting, Atlanta.
2010. "Fundamental and (Variably) Proximate Causes: Education, Obesity, and Health." Interdisciplinary Graduate Program Research Reception, Purdue University.
2010. "Tips for Student Publishing." Presentation at the North Central Sociology Association/Midwest Sociological Society, Chicago.
2009. "Early Adversity and Perceived Life Trajectories." Invited talk at Social Psychology, Health, and Life Course (SHeL) Seminar, Indiana University.
2009. "Age Identity in Context: Stress, and the Subjective Side of Aging." Paper presentation at Gerontological Society of America annual meeting, Atlanta, GA. (with Tetyana Shippee)
2009. "SES, BMI, and C-Reactive Protein: Simple Accumulation or Hierarchy of Risks?" Paper presentation at American Sociological Association annual meeting, San Francisco. (with Kenneth F. Ferraro)
2009. "BMI, Social Forces, and CRP." Paper presentation at NSHAP Early Results Conference, Chicago. (with Kenneth F. Ferraro)
- 2008: "Obesity, Perceived Discrimination, and Health." Paper presentation at Gerontological Society of America annual meeting, National Harbor, MD. (with Kenneth F. Ferraro)
- 2008: "Wishful Thinking? Early Adversity and Cumulative Inequality in Perceived Life Trajectories." Paper presentation at American Sociological Association annual meeting, Boston. (with Kenneth F. Ferraro)
- 2007: "Parental Death and Subjective Age: Indelible Imprints from Early in the Life Course?" Paper presentation at Gerontological Society of America annual meeting, San Francisco.
- 2007: "Beyond the Barriers: Does Racial Discrimination Increase Use of CAM?" Poster presentation at Gerontological Society of America annual meeting, San Francisco. (with Tetyana Shippee and Kenneth F. Ferraro)
- 2007: "Health Data: Comparative Issues." Invited talk, meeting of Official Representatives, Inter-University Consortium of Political and Social Research (ICPSR), University of Michigan. (with Kenneth F. Ferraro)

2007: “Body Composition and ICU Admission: Gender Differences for Evaluating the Body?” Paper presentation at American Sociological Association annual meeting, New York. (with Tetyana Shippee and Kenneth F. Ferraro)

2007. “Long-Term Obesity and Hospitalization in Adulthood.” Center on Aging and the Life Course Research Colloquium Series, Purdue University.

2006: “Does Long-Term Obesity Lead to Greater Risk of Avoidable Hospitalization?” Paper presentation at Gerontological Society of America annual meeting, Dallas. (with Kenneth F. Ferraro)

2006: “The Life Course of Obesity and Hospitalization: Does Duration of Exposure Increase Use?” Paper presentation at American Sociological Association annual meeting, Montreal, Quebec. (with Kenneth F. Ferraro)

2006: “Learning in Practice: Bridge Program between the University and Local Retirement Institution”, symposium presentation at Association for Gerontology in Higher Education annual meeting, Indianapolis. (with Tetyana Shippee and Karis Pallone)

### **Teaching experience at University of Toronto**

*SOC 202 - Quantitative Analysis* (Undergraduate)

*SOC 246 - Sociology of Aging* (Undergraduate)

*SOC 427 - Families and Health* (Undergraduate)

*SOC 494 - Professing Sociology* (Undergraduate)

Designed and taught course

*SOC 6032 - Statistics for Sociologists* (Graduate)

*SOC 6022 - Sociology of Health* (Graduate)

*SOC 6024 - Networks and Health* (Graduate)

### **Honors and awards**

2019            Dean’s Excellence Award, University of Toronto

2018            Fellow, Gerontological Society of America, Behavioral and Social Sciences Section

Dean’s Excellence Award, University of Toronto

2017            Dean’s Excellence Award, University of Toronto

2016            Dean’s Excellence Award, University of Toronto

2015            Dean’s Excellence Award, University of Toronto

2014            Dean’s Excellence Award, University of Toronto

- 2013 Co-winner, Gerontological Society of America, Richard Kalish Innovative Publication Award  
Dean's Excellence Award, University of Toronto
- 2012 Co-winner, ASA Section on Aging and the Life Course Outstanding Publication Award
- 2011 Co-winner, ASA Section on Aging and the Life Course Graduate Student Paper Award  
Co-author, Outstanding Graduate Student Paper Award, Purdue University Dept. of Sociology
- 2010 Robert Wood Johnson Health & Society Scholars Program Finalist (declined)  
Outstanding Graduate Student Paper Award, Purdue University Dept. of Sociology  
Walter Hirsch Dissertation Award, Purdue University Dept. of Sociology  
"Rising Star" Award for Excellence in Aging Research, Purdue University, Center on Aging and the Life Course
- 2006 Co-author of first-place graduate student paper award, Association for Gerontology in Higher Education
- 2005 President of Grove City College Psi Chi Chapter (National Psychology Honorary)  
Co-winner of "Excellence in Undergraduate Research" award, Eastern Psychological Association Meeting

### **Graduate thesis committees**

- In progress Chair, Doctoral thesis committee, Haosen Sun ("Social Networks in the Aging Process: Geographical Structure, Support Exchange and Turnovers in Europe")  
Member, Doctoral thesis committee, Jason Pagaduan ("Aging Fitness Communities: A Comparative Study of Active Aging Communities in Scarborough")  
Member, Doctoral thesis committee, Chang Lin ("Theorizing Dormancy")  
Member, Doctoral thesis committee, Vanessa Silva e Silva, Department of Nursing, Queen's University ("Determining the Influence of Process, Structure, and Inter-Professional Relational Networks within Organ Donation Programs in Ontario")
- Completed Chair, Doctoral thesis committee, Laura Upenieks ("Social Context and Health in Later Life: Integrating Social Networks, Intimate Relationships, and Religion")

Chair, Doctoral thesis committee, Jason Settels (“The Multi-Contextual Effects through which Economic Declines Impact Older Persons’ Quality of Life”)

Member, Doctoral thesis committee, Jonathan Koltai (“Organizational Contexts of Inter-role Conflict and Worker Well-Being”), 2018

Member, Doctoral thesis committee, Maria Majerski (“Networks of Mobility and Constraint: The Economic. Integration of New Immigrants to Canada”), 2017

Member, Doctoral thesis committee, Siyue Tian (“Living Arrangements and Intergenerational Supports among Immigrant and Canadian-Born Seniors”), 2016

Member, Master’s thesis committee, Maureen Coyle, Faculty of Kinesiology & Physical Education (“Overall the Hill and Under the Radar: Participation in Physical Activity of Older People at the St. George Campus of the University of Toronto”), 2013

### **Undergraduate research project supervision**

2018-2019 Robert Fan (“Social Networks and Mental Health: What is the Role of Geographic Distance and Support Exchange?”)

Julia DeMaria (“Social Networks of Older Adults Living with HIV/AIDS in South Africa”)

2016-2017 Andie MacNeil (“Environmental Disorder and Mortality among Older Adults”)

2013 Xiayuan Li (“How Does Living Arrangement Affect Life Satisfaction among Chinese Elderly?”)

2013 Ariana Savin (Work-Life-Balance and Health of Canadians”)

### **Departmental service**

2018-2020 Chair, Comprehensive Exam Committee, Networks and Community, University of Toronto, Department of Sociology

2018-2019 Chair, Comprehensive Exam Committee, Sociology of Health and Mental Health, University of Toronto, Department of Sociology

2015-2017 Graduate Curriculum Committee, University of Toronto, Department of Sociology

2015-2016 Search Committee, University of Toronto, Department of Sociology

2014-2015 Executive Committee, University of Toronto, Department of Sociology

Speaker Series Committee, University of Toronto, Department of Sociology

Committee to select Canada Research Chair, University of Toronto, Department of Sociology

2012 Graduate Admissions Committee, University of Toronto, Department of Sociology

Comprehensive Exam Committee, Sociology of Health and Mental Health, University of Toronto, Department of Sociology

### **University service**

2017 Dean's Representative to Search Committee, Department of Psychology, University of Toronto

2015-2017 International Course Modules and Research Excursion Programs Committee, University of Toronto

2015 Dean's Advisory Committee for the Appointment of Sociology Chair, University of Toronto

2009-2011 Faculty Fellow, Wiley Hall, Purdue University

2008-2009 Chair, Purdue Graduate Student Government Advancement Committee

2008 Co-Mentor, Summer Research Opportunity Program for minority university students, Purdue University

2007-2009 Steering Committee, Center on Aging and the Life Course, Purdue University

2006-2007 Developed and executed the National Retirement Community Survey for Westminster Village, West Lafayette, IN

2006 Co-Chair of Senior Mentor Program Committee, Purdue University

### **Community service**

2013-2016 Advisory panel for Isolated Seniors in East York study, WoodGreen Community Services, Toronto

2016- Advisory panel for the GenWell Project

### **Professional service**

Reviewer: *Advances in Life Course Research, Ageing and Society, Aging and Mental Health, American Journal of Sociology, American Sociological Review, Archives of Internal Medicine, Basic and Applied Social Psychology, Connections, European Journal of Ageing, Fondazione Cariplo (Italy), The Gerontologist, Gerontological Society of America Annual Meeting, Global Mental Health, International Journal of Comparative Sociology, Israel Science Foundation, Journal for the Scientific Study of Religion, Journal of Aging and Health, Journal of Applied*

*Gerontology, Journal of Epidemiology and Community Health, Journal of Ethnic and Migration Studies, Journal of Health and Social Behavior, Journal of Gerontology: Social Sciences, Journal of Marriage and Family, the Lancet, Longitudinal and Life Course Studies, Obesity, PLoS ONE, Psychological Science, Psychosomatic Medicine, Research in Human Development, Research on Aging, Social Forces, Social Networks, The Sociological Quarterly, Social Problems, Social Psychology Quarterly, Social Science & Medicine, Social Science Research, Social Sciences and Humanities Research Council (Canada), Society and Mental Health, Sociology of Education, Sociology of Health and Illness, Sociological Perspectives, Sociology of Religion, Women's Health Issues*

Editorial Board: *Journal of Gerontology: Social Sciences* (2013-2016); *Research on Aging* (2013-2019); *Journal of Marriage and Family* (2015-2019); *The Gerontologist* (2015-2019); *Journal of Aging and Health* (2016-2019); *Journal of Health and Social Behavior* (2017-2019); *Society and Mental Health* (2019-)

- 2017- Associate Editor, *Journal of Gerontology, Social Sciences*
- 2017 Graduate Student Paper Award committee, Section on Aging and the Life Course, American Sociological Association
- 2015, 2019 Outstanding Paper Award committee, Section on Aging and the Life Course, American Sociological Association
- Regular session organizer, American Sociological Association annual meeting
- 2014 Search committee to select editor of *Journal of Gerontology: Social Sciences*, Gerontological Society of America
- 2007-2009 Student representative to Publications Committee, Gerontological Society of America

### **Additional training**

Computer Assisted Telephone Interviewing (CATI) training; Social Network Analysis Training, LINKS Center Workshop, University of KY; ICPSR Summer Training Program in Quantitative Methods of Social Research (Analyzing Multilevel and Mixed Models Using Stata, University of Michigan; Network Analysis: Theory and Methods, Indiana University)

### **Media**

Work has been featured on *BBC Radio, U.S. News and World Report, Science Daily, The Globe and Mail, U.S. Dept. of Health and Human Services Daily HealthBeat, CNN, Los Angeles Times, Research on Religion Podcast, Wall Street Journal's SmartMoney, CBC News, Chicago Tribune, Reader's Digest, Bloomberg Businessweek, Philadelphia Inquirer, MacLean's Magazine, Huffington Post, Men's Health, Pittsburgh Post-Gazette, Washington Post, Fox News, USA Today, and Time*, among other media.

**Professional memberships**

American Sociological Association  
Gerontological Society of America  
Society for the Scientific Study of Religion