

SOC493H1S - LEC0101
Winter 2020
New Topics in Sociology: Mental Health and Education

Dr. La Touche 725 Spadina Avenue, Rm. 270 Office Hours: Monday 2-4pm, by appointment (on Quercus, Calendar>Find Appointment)	Location: FE – Room 41 Class Time: Monday 4pm-6pm Web Page: https://q.utoronto.ca/ Email: rachel.latouche@utoronto.ca Email response hours: M-F 9am-5pm
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Course Description

In this course, we will interrogate how institutions of higher education structure the mental health experiences and outcomes of those within them – both faculty and students. In the process, we will critically evaluate what institutional role colleges and universities have (or perhaps should have) in ensuring mental wellness on campus.

The prerequisite to take this course is 1.0 SOC FCE at the 300+ level. Students without this prerequisite can be removed at any time without notice.

Course Goals

In this course, you will become familiar with:

- mental health issues on the modern-day campus
- socio-structural explanations for the onset, experience, and consequence of campus mental health issues
- the institutional response to campus mental health issues
- policy reports/proposals that address campus mental health

Requirements and Grading

Reading Memos (see instruction sheet)	30%
Test 1 –	20%
Participation	15%
In-class Consult and Term Paper (see instruction sheet)	35%
TOTAL	100%

Required Readings

All course readings will be made available on the course website – Quercus. You are expected to complete the assigned readings prior to each class. Since this class is held as a seminar, we will spend a significant proportion of our time critically engaging in the assigned texts. On average, you can expect to read approximately 35-50 pages of material, per week. For information on how course readings are related to your class participation, see the section on “Participation” below.

Week	Date	Course Schedule	
1	Jan 6	Introduction & Course Outline	Readings: hooks (1998)
2	Jan 13	Higher Ed: Total Institution?	Readings: Asylums Chapter 1 (by January 20 th)
3	Jan 20	Higher Ed: Total Institution? Readings:	Readings: Asylums Chapter 1 (by January 20 th)
4	Jan 27	Socio-Structural Approaches to Higher ED	Readings: Stecker (2004)
5	Feb 3	Socio-Structural Approaches to Mental Health	Readings: TBD
6	Feb 10	TEST 1	
7	Feb 17	READING WEEK	
8	Feb 24	In-Class Consult for Final Papers	
9	Mar 2	Making Sense of Chaos: Student Mental Health	Readings: Excerpt from Mechanic (1978) Blanco et al. (2008) Eisenberg et al. (2013)
10	Mar 9	Making Sense of Chaos: The Stress Process Model	Thoits (1995)
11	Mar 16	Social Support & Help Seeking	Cutrona and Russell (1990) Eisenberg et al. (2007) Rook (1984)
12	Mar 23	Higher Ed: The Institutional Response	Readings: Meldrum et al. (2010)
13	Mar 30	FINAL PAPER DUE PARTICIPATION EXERCISE DUE	

Course Policies

Attendance and Preparation

Class attendance is mandatory. Students are responsible for all material presented in class. Students who are unable to attend class on a given day are responsible for obtaining notes on all material covered, including material discussed and course announcements. In addition, students are expected to complete all assigned readings in advance of the class period for which they are assigned.

Participation – 15%

The success of a seminar depends on everyone's participation in the discussion of course material. Please do your best to keep up with the readings each week, you will take away much more from the course as a result. Your participation grade will be based on three equally weighted components: A) attendance (5%), B) active participation in class discussions (written and/or verbal – 5%), and C) your choice of one (1) participation exercise (see details below – 5%).

Beyond attendance and active participation in class discussion, you are **required** to complete **one (1)** participation exercise from the list below:

- Create an infographic on a campus mental health issue (200-300 words)
- Attend a talk at UofT on a mental health issue (to be pre-approved by Professor La Touche) and write a 250-300 word critical response
- Write a “3-2-1” reading memo on one supplemental reading (250-300 words)

Further details about each participation exercise are available on Quercus.

Only one participation exercise will be accepted per student; please choose the exercise best suited to your interests and strengths. Your submission may be handed in at any point throughout the term (via Quercus), and no later than our last class meeting (Monday March 30th @4pm). Late submissions and submissions via email will not be accepted.

Course Website

The course website on Quercus is available at <https://q.utoronto.ca/>. The site will contain the course syllabus, reading and writing resources, links of interest and course announcements. Students are responsible for the content of all course materials.

Email

When emailing your professor, please use your utoronto.ca address. Please also include “SOC493” and a brief description in the subject line, so your email can be easily prioritized. Emails will typically be answered within 72 hours, during the workweek (i.e. Monday through Friday, between 9am-5pm). Keep in mind that for simple questions, email is the preferred method of communication. However, for longer questions, students should schedule an appointment with the professor.

Office Hours

Dr. La Touche's office hours are Monday from 2-4pm, by appointment. If you have questions or concerns about any aspects of the course, or anything else you might want to

discuss privately, schedule an appointment for office hours on Quercus (Calendar>Find Appointment).

Late Assignments (Please read carefully!!)

Unless otherwise specified, all assignments are due on Quercus **before the beginning of class (i.e. by 4pm)** on the due date provided. With the exception of participation exercises (for which no late assignments are permitted), late assignments will be penalized 5 percentage points per day, including weekend days. Late assignments should be submitted on Quercus, as per usual, where they will be date stamped.

Missed Tests (Please read carefully!!)

Students who miss a test will be assigned a grade of 0. However, students may have an absence excused with proper documentation in the case of illness or unforeseen personal circumstance. Proper documentation consists of a “**Verification of Student Illness or Injury Form**” or a **doctor’s note**, completed by a medical practitioner **on or before the day of the test** (you may find the form at www.illnessverification.utoronto.ca). All documentation must be received via email or in a sealed envelope addressed to the **instructor within six calendar days of the test (i.e. by the Sunday following the test)**. If documentation is received and deemed sufficient, a make-up test will be scheduled. All makeup tests are held at a time amenable to instructor and student. Students who do not attend the scheduled make-up test will receive a grade of 0.

Re-Grading Assignments

All requests for re-grading the course assignments should be made to Professor La Touche within **one week** of the date when assignments are returned to the class. A short memo that clearly states specific reasons to justify the request and backs up these reasons with evidence from your assignment must be submitted to the Professor. No re-grading requests will be considered if they are submitted more than one week after the assignments are returned to the class. This deadline applies to all students including those who missed the class when the assignments were returned.

Turnitin.com

Normally, students will be required to submit their course essays through Turnitin.com (scanned automatically via Quercus) for review of textual similarity and detection of possible plagiarism. In doing so, students will allow their assignments to be included as source documents in the Turnitin.com reference database, where they will be used solely for the purpose of detecting plagiarism. The terms that apply to the University’s use of the Turnitin.com service are described at <http://www.teaching.utoronto.ca/teaching/academicintegrity/turnitin/conditions-use.htm>

Assignments not submitted through *Turnitin* will receive a grade of zero (0%) **unless a student instead provides, along with their assignment**, sufficient secondary material (e.g., reading notes, outlines of the paper, rough drafts of the final draft, etc.) to establish that the paper they submitted was truly their own. The alternative (not submitting via *Turnitin*) is in place because, strictly speaking, using *Turnitin* is voluntary for students at the University of Toronto.

Writing Centres (<http://www.writing.utoronto.ca/writing-centres/arts-and-science>)

All students are encouraged to visit and make use of the available writing centres. Writing tutors may help you brainstorm ideas, develop a thesis, structure and organize your paper, present your evidence effectively, argue logically, cite appropriately and express yourself clearly and concisely. However, proofreading and copyediting for spelling, grammar, or format are not within the primary scope of the writing centres.

Accessibility

The University of Toronto is committed to accessibility. If you require accommodations or have any accessibility concerns, please visit <http://studentlife.utoronto.ca/accessibility> as soon as possible. If you are registered with Accessibility Services, please forward your accommodations paperwork to Professor La Touche within the first two weeks of the course so that arrangements can be made.

Academic Integrity/Academic Misconduct

The University of Toronto treats academic integrity and academic misconduct very seriously. To participate honestly, respectfully, responsibly, and fairly in the academic community at U of T, you should familiarize yourself with the University of Toronto’s Code of Behaviour on Academic Matters

(<http://www.governingcouncil.utoronto.ca/Assets/Governing+Council+Digital+Assets/Policies/PDF/ppjun011995.pdf>).

In addition, students should acquaint themselves with the rules concerning plagiarism and other forms of academic misconduct, including but not limited to:

- Using someone else’s ideas or words without appropriate acknowledgement.
- Copying material word-for-word from a source without quotation marks.
- Including references to sources that you did not use.
- Obtaining or providing unauthorized assistance on any assignment including (e.g.) working in groups on assignments that are supposed to be individual work
- Lending your work to a classmate who submits it as his/her own.
- Letting someone else look at your answers on a test.
- Falsifying or altering any documentation required by the University.

Student Contacts

You are responsible for all material presented in class, including announcements. If you are unable to attend class, you should obtain notes from a classmate. Write down the contact information for two of your classmates below in case you need notes.

Name: _____	Name: _____
E-mail: _____	E-mail: _____
Phone: _____	Phone: _____
Other: _____	Other: _____